

Playgroup Plus Information Pack



WELCOME TO DEGANWY PLAYGROUP PLUS

The Playgroup and Playgroup Plus is a registered charity and is run by a voluntary committee of parents, and a dedicated team of staff.

The aims of Playgroup Plus are to create a happy and friendly environment in which children can gain confidence and develop social skills. To express themselves through simple art activities including painting and play dough and to stimulate their imagination using songs, stories, dressing up and "let's pretend".

However, most of all we want the children to have fun and enjoy themselves!

STAFFING

Playgroup is staffed by a Playgroup Manager, a Play Leader, a supervisor, and a team of Play Workers all of whom are appropriately qualified in childcare. We also have bank staff and an Admin Assistant. All team members hold an Enhanced Disclosure Certificate.

INTRODUCTION TO PLAYGROUP PLUS

A happy introduction to our group is very important, both from the parent's point of view and the child's. The Manager can be contacted to answer any questions or concerns parents/carers may have.

Playgroup Plus is an English-speaking group although a basic introduction to the Welsh Language is included.

Playgroup Plus is available to all children (subject to availability) attending the part time nursery class in Ysgol Deganwy. A member of our team will collect the children from their teacher at the end of the nursery session or take them to school if in Playgroup Plus in the morning.

The Playgroup is registered with the Care and Social Services Inspectorate for Wales for a maximum of 30 children per session.

PLAYGROUP PLUS TIMES AND SESSIONS

Sessions, please ask staff for current availability				
Monday	9am -1pm	11am – 2.45 PM		
Tuesday	9am - 1pm	11am – 2.45 PM		
Wednesday	9am - 1pm	11am – 2.45 PM		
Thursday	9am - 1pm	11am – 2.45 PM		
Friday	9am - 1pm	11am – 2.45 PM		

All sessions are subject to availability, and we may operate a waiting list if necessary. Where bookings are

high, we may need to limit those who book far in advance.

Sessions are timed to coincide with Nursery sessions at Ysgol Deganwy, and Playgroup Plus offer a pick-up (at 11am)/drop-off (at 1pm) service to/from the school. This provides for "all day" childcare whether your child has been selected to attend the morning or afternoon Nursery sessions.

Children attending other schools are also welcome to attend, however we will not be able to collect or drop those children to and from the school ourselves.

ARRIVING AT PLAYGROUP PLUS (at 9am)

All parents/carers are asked to complete a signing in register as they arrive. It would be helpful if you could enter and leave Playgroup as quickly as possible, thus enabling Playgroup to commence and avoid people congregating. Please do not arrive prior to 9:00am.

LEAVING PLAYGROUP PLUS (at 2:45pm)

Please arrive promptly at the end of Playgroup Plus sessions. Parents/carers are requested to remain outside, behind the gate on Pentywyn Road until called by staff to move to reception to complete a signing out register for your child's collection.

If your child is to be collected by someone other than the known parent/carer it is important that you inform one of the staff during the session.

CLOTHING AND BAGS

It would be helpful to all concerned if you could ensure that your child's coat and bag is marked with their name to avoid any mistakes.

Many of the activities undertaken at Playgroup Plus can be messy; parents are advised to avoid sending children in their best clothes. Accidents do happen in Playgroup Plus so please provide a change of clothing in their bag.

REFRESHMENTS

Please could you provide your child with a packed lunch e.g., sandwich and piece of fresh/dried fruit and/or yoghurt (no sweets, chocolate, or crisps, in line with Ysgol Deganwy's healthy eating project). This should be clearly labelled with your child's name and given to a member of staff on the morning of their session. Playgroup will provide a drink of water or milk to have with the lunch. If your child has any allergies, please inform a member of staff. We kindly request that no nut-based products are included in your child's lunch as we have 2 members of our team with a nut allergy.

PAYMENT OF FEES

The cost of each session is £20.80 and is payable weekly or monthly in advance. Payment is acceptable by direct bank transfer – Account Number 81652710, sort code 40-30-07. We are also able to accept payment through employer Childcare Voucher schemes, Tax free Childcare and are registered with many of the most popular providers. We are also registered with the Welsh Government's 30-hour childcare scheme. Applications to be made through Conwy County Council Website.

Non-payment of longer than two weeks will result in your child's place being put at risk. It is necessary for payment to be made even if your child **does not attend** a session for <u>whatever</u> reason, to cover for staff costs allocated to cover that session.

Please note, 2 weeks' paid notice is required for cancelled sessions or contract termination.

In the event of playgroup being closed due to unforeseen circumstances i.e.: Snow Day, lockdowns or strike action, then you will not be charged for that session.

If you wish to change the days your child attends, either temporarily or permanently, please discuss this with the Manager in advance, and we will endeavour to be as flexible as we can.

HOLIDAYS

Playgroup Plus has the same holidays as the Primary Schools in Conwy. Details of these can be found on the notice board at Playgroup, from our web site at www.deganwyplaygroup.co.uk or from www.conwy.gov.uk.

POLICY ON THE TAKING OF PHOTOGRAPHS AND VIDEOS

The taking of photographs or videos is not permitted by parents/carers and will only be taken by a Playgroup Plus Representative. Any photographs obtained by Playgroup Plus will be kept on Playgroup premises. Playgroup staff use these photographs at their discretion, within appropriate publications, e.g. Wall displays and noticeboard.

EQUAL OPPORTUNITIES POLICY

We will ensure:

- Equality of care for all children, irrespective of race, culture, colour, ethnic or national origin, religious beliefs, disability, gender, sexual orientation, or the ability to pay, in any matter to do with Playgroup Plus.
- Both the management committee and the staff will ensure that the services they provide are accessible to everyone.
- This policy will be actively promoted through our decision making, employment practices and service provision and we will strive to monitor its implementation and its effectiveness.

A copy of this policy is available at Playgroup if you wish to see it.

NOTICE OF WITHDRAWAL

Written notice of two weeks must be given of the withdrawal of any child from Playgroup Plus. Your child's place will be kept until notice is given and consequently payment of fees will stand, irrespective of reason for withdrawal.

VOLUNTEERING

Deganwy Playgroup and Playgroup Plus is run by a voluntary group of parents. All parents are very welcome to get involved.

COMPLAINTS PROCEDURE

Deganwy Playgroup Plus offers a warm welcome to all children and families and by working in partnership with parents/carers provides a warm, caring environment, where all children can learn and develop as they

play. Any parent/carer who is uneasy about any aspect of the group's provision should talk over any worries and anxieties with the group Supervisor/Playleader. In the unlikely event that there is no satisfactory outcome within two weeks, or the problem recurs, the parent/carer should put the concerns or complaint in writing to the committee.

Most problems should be resolved informally at this initial stage. If an agreement cannot be reached after all avenues have been explored, then please write direct to:

The Inspection Officer
CIW North Wales Region,
Government Buildings,
Sarn Mynach,
Llandudno Junction

LL31 9RZ Telephone: 0300 7900126

A full copy of our complaint's procedure can be obtained from the Secretary of the Management Committee.

HEALTH, ILLNESS AND EMERGENCY

It is our policy to encourage and promote good health and hygiene for all the children in our care. This specifically includes monitoring the children for signs and symptoms of communicable diseases such as chickenpox, measles, diarrhoea, vomiting, fevers etc. It also includes head lice infestation. A copy of the incubation periods for a variety of the communicable diseases can be found by clicking on this link https://phw.nhs.wales/services-and-teams/aware-health-protection-team/documents/exclusion-period-for-common-infections-may-2023-including-a-z-of-common-infections-and-next-steps/

With the welfare of the sick child in mind and in the interests of the remaining children, we reserve the right to contact the parent/carer and request the child be collected as soon as possible. If you notice any of the listed symptoms, we also request that you refrain from sending your child to Playgroup Plus and that you inform staff immediately.

Where communicable diseases are concerned, children will be re-admitted to Playgroup Plus at the discretion of your family G.P. and/or Health Visitor.

Staff must be convinced that the child has returned to good health before re-admission.

In the case of a serious accident or illness occurring, then the parent/carer will be contacted immediately, and the appropriate action taken. In the event of a minor accident e.g. bump or graze occurring it will be reported to the parent/carer on collection. An accident book is held at Playgroup Plus, which will be completed by Staff and parents will be asked to sign it.

We will always inform parents about their child's health care needs, and this includes any issues arising during a Playgroup Plus session.

As part of the National Minimum Standards for Sessional Care we are required to hold a valid first aid training certificate in first aid for infants and young children. These can be viewed upon request.

INCUBATION AND EXCLUSION PERIOD FOR MORE COMMON INFECTIOUS DISEASES

Drawn up using Department of Public Health Medicine publication [March 1997] and Update August 2000

Disease	Incubation Period	SYMPTOMS	Recommended Exclusion Period (unless advised otherwise)
Chickenpox	14-21 days	Rash, sometimes preceded by a slight fever. Crops of small pimples which soon turn to blisters. Mostly on back and chest - few on face, arms and hands.	5 days from onset of rash. Pregnant women in contact should seek advice.
Dysentery, Food Poisoning and Gastroenteritis	1 hour-11 days	Diarrhoea and/or vomiting, sometimes with tummy pain, fever and headache.	Age 5 and over until symptom-free, age under 5 for 48 hours after diarrhoea or vomiting has stopped.
Fifth Disease (Slapped Cheek Syndrome)	4-20 days	Bright red rash starts on cheeks and may spread. May come and go for 10-60 days. Joint pain in adults. Children often remain well.	None. Not infectious once rash is present. Pregnant women in contact should seek advice.
Hand, Foot and Mouth Disease	3-5 days	Fever, diarrhoea and nausea followed within 5 days by blisters/ulcers on tongue, inside of cheeks, hands and feet.	Until blisters have crusted over and any diarrhoea has resolved.
Head Lice	Eggs hatch in 710 days	Detection of early infestation is difficult as the eggs are laid on hair very close to the scalp and use of a detection comb is recommended. Most cases do not itch.	Until adequately treated.
Hepatitis A	2-6 weeks (commonly 4)	Fever, malaise, nausea for a few days before jaundice appears. Children usually have no symptoms.	7 days from onset of jaundice.
Impetigo	4-10 days	Blisters containing clear fluid becoming pus-filled or yellow crusts surrounded by redness, usually on face. No constitutional upset.	If lesions are extensive, exclude until treatment has been started . Avoid sharing towels.
Measles	7-18 days	Fever headache, running nose, red eyes, sore throat, cough. After 3 to 4 days, rash appears as dusky red spots, first on neck and face, spreading to trunk and limbs.	4 days from appearance of rash.
Meningococcal Meningitis and Septiceamia	2-7 days. Sometimes Longer	Fever, rash (red-purple spots) anywhere on body which does not fade under pressure, severe headache, vomiting, drowsiness, discomfort in bright lights and stiff neck.	As directed otherwise none: antibiotics eradicate carriage.
Mumps	12-25 days	Fever, painful swelling above angle of lower jaw. No rash.	9 days from appearance of swelling.
Rubella (German Measles)	14-23 days	Often no symptoms but perhaps slight fever, headache, sore throat. Rash usually on first day - small pink spots on face and neck rapidly spreading all over, lasting 24-48 hours.	4 days from appearance of rash. Pregnant women in contact should seek advice.

Scabies	Itch usually starts after 3-4 weeks	Slightly elevated burrows on skin, usually between fingers and front of wrist. Causes intense itching. Symmetrical rash on trunk, legs and arms.	Until day after treatment.
Whooping Cough (Pertussis)	6-20 days	Symptoms of common cold with some cough for 1-2 weeks. Ten cough changes to repeated spasms with inspiratory "whoop". May last up to 3 months.	Until 15 days after antibiotic treatment started.

Covid - 19 Please adhere to government guidelines.

BEHAVIOUR MANAGEMENT POLICY

At Playgroup Plus we are committed to making the child's experience a positive one. We always encourage acceptable behaviour, enabling the individual child to develop self-discipline and respect for other members in the group. Unacceptable behaviour is behaviour likely to hurt, injure or upset another child, himself/herself, or an adult. Unacceptable behaviour shows a lack of respect for others, disrupting play and learning.

Certain circumstances, such as bullying, racist language, physical abuse or dangerous behaviour will not be tolerated and will be dealt with accordingly.

The Playgroup Plus team endeavour always to avoid criticism of a child and comparisons with other members of the group. We believe that it is important to deal with the children in as sensitive a way as possible.

The children are encouraged to develop social skills and are praised when they do so. There are many opportunities for this to happen in the normal day-to-day activities in the sessions e.g. listening to one another at story times, helping each other to tidy up and taking turns when participating in activities.

In the event of an incident of unacceptable behaviour, the member of staff will:

- 1. Intervene initially by taking the child to one side and discussing with them the reasons for their behaviour.
- 2. If this does not have the desired effect, then the child will be removed from the situation, redirected to distract, positive praise will be given when positive behaves resumes.
- 3. If, for any reason the unacceptable behaviour continues, then the Manager will talk to the child's parent/carer about how they could overcome the problem together. We believe that working together with the parents on an issue is much more likely to achieve an improvement.
- 4. In the event of serious misbehaviour continuing the Manager would involve the Committee, and if it were required then the child in question would be excluded for one session.

BEHAVIOUR AND DISCIPLINE POLICY

Good behaviour and discipline are essential to ensure the smooth and safe running of the group. The foundation is provided for the development of morals and values whilst advocating acceptable behaviour in children. Deliberate bad behaviour is never acceptable.

Adults involved in the group are aware of their role in promoting acceptable behaviour and will:

- Act as a good role model by showing consideration, respect and good manners to, and for, others particularly the children.
- Provide a social environment where activities are stimulating and appropriate for the developmental stage of the children.
- Provide situations where everyone can enjoy freedom without threatening the enjoyment of others.
- Understand age/stage appropriate behaviour.
- Encourage children to develop self-discipline.
- Be positive, constructive, and fair, rewarding and praising acceptable behaviour.
- Be able to differentiate between deliberate and accidental occurrences.
- Be aware there may be underlying problems when unacceptable behaviour occurs.
- Use appropriate language and establish eye contact when talking to the children.
- Work with parents and carers to promote and encourage acceptable behaviour.
- Always respect confidentiality.

CHILDREN WILL **NEVER** BE SMACKED, SHAKEN, HUMILIATED, RIDICULED, THREATENED, LEFT IN ISOLATION OR MADE TO FEEL UNWANTED OR UNDERVALUED.

CONFIDENTIALITY POLICY

The Group's work with children and families will sometimes bring contact with confidential information.

To ensure that all who use and work in the group can do so with confidence, confidentiality will be respected in the following ways:

- parents/carers will have access to any files and records of their own children but will not have access to information about any other children.
- staff will not discuss individual children, other than for purposes of curriculum planning/group management with anyone other than the parents/carers of that child without their permission.
- information given by parents/carers to the Manager/member of staff will not be passed to other adults without permission other than for the purposes outlined above.
- any anxieties / evidence relating to a child's personal safety will be kept in a confidential file and will not be shared within the group except with the staff and the committee officers.
- issues to do with the employment of staff, whether paid or unpaid, will remain confidential to the people directly involved with making personnel decisions.
- Students / parent helpers (observing or on placement in the group) will be advised of our confidentiality policy and required to accept it.
- the safety and well-being of the child will be of paramount importance.
- All staff/ volunteers will conform to our Privacy Policy.

CHILD PROTECTION POLICY AND PROCEDURES

This policy has been drawn up to safeguard the children from abuse and neglect. It sets out the procedure that we must follow in the event of any allegation of abuse or neglect. The duty of Playgroup Plus to protect a child from harm comes before the need to maintain confidentiality. The safety of the child must be our paramount consideration and comes before the needs of parents or carers. We are aware that suspicion of

abuse may take the form of concerns rather than known facts. Concerns can and will be shared with social services through a referral.

As a Playgroup, we need to be aware of child abuse and neglect. Somebody may abuse or neglect a child by inflicting harm or failing to act to prevent harm.

Physical abuse made involve hitting, shaking, throwing, poisoning, burning, scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer feigns the symptoms of, or deliberately causes, ill health to a child whom they are looking after.

Emotional abuse is the persistent emotional ill treatment of a child such as to cause severe and persistent adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may feature age or developmentally inappropriate expectations being imposed on children.

Sexual abuse involves forcing or enticing a child or young person to take place in sexual activities, whether the child is aware of what is happening. The activities may involve physical contact including penetrative or non-penetrative acts. They may include non-contact activities, such as involving children in looking at, or in the production of, pornographic material or in watching sexual activities or encouraging children to behave in sexually inappropriate ways.

Neglect is the persistent failure to meet the child's basic physical and / or psychological needs likely to result in the serious impairment of the child's health or development. It may involve parent or carer failing to provide adequate food, shelter, and clothing, failing to protect a child from physical harm or danger or the failure to ensure access to appropriate medical care or treatment.

There is a requirement that should we have a concern that abuse has occurred or is likely to have occurred that we contact, as soon as possible, **one** of the following agencies, but the first point of contact should always be a local social services child protection team duty social worker using the telephone number below:

a. Conwy Child Protection Team Duty Social Worker Tel: 01492 575111 (out of hours 01492 515777)

b. A Police Constable Tel: 101 or 999 in an emergency

c. Care and Inspectorate for Walesd. An Officer of the NSPCCTel: 0300 7900126Tel: 0808 8005000

We agree to liaise and co-operate with Conwy Social Services, or any Social Services in which the relevant premises are situated regarding any allegations of abuse or neglect affecting a relevant child.

We agree to keep written records of allegations of abuse or neglect and any action that we may have taken in relation to that allegation.

We will ensure that we will take consideration of the fact that it may be necessary to protect relevant children following an allegation of abuse or neglect. We will therefore request guidance from the duty social worker as to whether we are able to contact to parent or carer of the child concerned following a referral or allegation of abuse. We are aware that social services may not wish a child parents / carer to be contacted in certain circumstances.

If a child tells us that they or another child or young person is being abused, we will:

- show that we have heard what they are saying, and that we take their allegations seriously.
- encourage the child to talk but will not prompt them or ask leading questions.
- not interrupt when a child is recalling significant events and will not make a child repeat their account.
- explain what actions we must take in a way that is appropriate to the age and understanding of the child.
- write down what we have been told and using the exact words where possible.
- make a note of the date, time, place and people who were present at the discussion.
- report our concerns immediately to the duty social worker. It is better that we have discussed our concerns with somebody with the experience and responsibility to assess the situation.

Following our referral to Conwy Social Services, we will notify Care and Social Services Inspectorate for Wales in accordance with National Minimum Standard 18.3.

SPECIAL NEEDS POLICY

Playgroup Plus has regard to the National Assembly for Wales Code of Practice for the Identification and Assessment of Special Educational Needs and to provide good care and appropriate learning opportunities for all children. Parents can obtain the code of practice by downloading it as a .pdf document from the National Assembly for Wales web site or by telephoning 029 2082 6078. A copy can be viewed at the Playgroup.

Children with special needs (including physical disability), like all other children, are admitted to Playgroup Plus after consultation between parents and the Manager.

A record is kept of decisions made regarding a child's plan of care, where they are identified as having a special need. This plan will be reviewed regularly in consultation with parents and relevant supporting agencies. Written permission is sought from parents to enable the Manager and key worker to liaise with any supporting agencies to enable them to provide the best care for the child.

We will work in liaison with staff outside the group, including therapists, health visitors, psychologists, social workers, paediatricians, and portage workers as required, to meet children's specific needs.

We have a system of record keeping and observation records, which operates in conjunction with parents, and which enables us to monitor children's needs and progress on an individual basis, where they have been identified as having a special need.

Where a child's needs cannot be met in Playgroup Plus without the support of a one-to-one worker, the child will not be provided with a place until such a time as the appropriate funding is available and the necessary worker in place.

We ask that the parents or the supporting agencies, to enable us to best meet the needs of the child according to their care plan, provide any specialist equipment required.

When specialist equipment is large and cannot be stored appropriately at the site, it will need to be provided daily by the child's carers or supporting agencies.

Our staff will attend, whenever possible, in-service training on special needs arranged by The Child Care Partnership and other professional bodies.

Arrangements to ensure the privacy of children with special needs when intimate care is being provided would be discussed upon admission and suitable provisions written into their plan of care and acted upon by staff.

Children identified as having special needs will always have access alongside their peers to the facilities, activities and play opportunities whenever reasonable, to promote their welfare and development.

There will be a designated staff member at Playgroup that will be responsible for liaising with supporting agencies and parents regarding special educational needs provision.

This policy will be updated in accordance with legislation and standards or resulting from information obtained from training and research to enable this group to best meet the needs of the children attending or wishing to attend Playgroup and Playgroup Plus.

STAFF AND EMPLOYMENT POLICY

It is recognised that a high adult to child ratio is essential to provide good quality pre-school care and education.

In the group: -

- There will be at least one member of staff to every eight children.
- We will adhere to our Equal Opportunities Employment Policy, which provides for employment
 equality for all, irrespective of gender, including gender reassignment, marital or civil partnership
 status, having or not having dependants, religious belief or political opinion, race (including colour,
 nationality, ethnic or national origin), disability, age or sexual orientation.
- Appraisals will be held with the staff.
- We will adhere to all relevant legislation when recruiting, appointing, and employing staff.
- Parents/carers and volunteers will be encouraged to take advantage of training opportunities.
- The budget will include an allocation towards training costs.

STUDENT PLACEMENT POLICY

The group is aware that a pre-school group provides an ideal place for students from childcare courses, on placement from school and college, as well as those on the Diploma in Playgroup Practice and other Wales PPA Courses.

When students are welcomed into the group:

• the needs of the children are paramount. Students will not be admitted in numbers which would hinder the work of the group.

- they must be confirmed by their tutor as being part of a bona fide childcare course.
- written permission must be obtained from the child's parents if they are required to carry out a child study.
- unless registered as a 'fit person' students will not have unrestricted access to children
- any information gained by students, about the children, families or other adults in the group must remain confidential.

ADMISSIONS

The group will be open to every family in the community.

The individual needs of each child and family wishing to join the group will be considered; a first come, first served basis will not be adhered to rigidly. Children need not attend every session. The group will be flexible in providing sessions to suit many parents / carers and children.

PARENTS' ROLE IN THE GROUP

The group will encourage the involvement of parents / carers by making them welcome and by respecting the differences in families, their language and culture and by encouraging them to contribute in whatever way they can.

CHILDREN IN THE GROUP

The group will ensure that all children are respected and their individuality and potential recognised, valued, and nurtured. The needs of children in the community will be provided for, with special needs wherever possible.

The children will be given the opportunity to learn to respect cultures, languages, and celebrations other than their own.

The children will be offered activities to give them the opportunity to explore, acknowledge and value similarities and differences between themselves and others. Children with special needs will be included in the group.



While your child is attending Deganwy Playgroup we aim to cover the 5 Pathways of learning through play, they are:

Belonging

I am learning to - Recognise who I am, take care of myself, understand and follow some rules and boundaries, recognise that some things aren't safe, recognise that I belong to a wider community, recognise that I am important to those around me, participate in the life of the setting, follow familiar routines, recognise my own needs and the needs of others, take care of things in my environment — living and non-living, recognise similarities and differences.

I need to – Feel valued as a member of the setting community, play on my own or along-side others, make connections with people, place and things, be heard and understood, see myself and people like me represented in my setting.

Communication

I am learning to – Recognise and respond to non-verbal and verbal cues, act out familiar routines and take on roles in my play, retell stories and recall events using pictures to support me, notice symbols in my environment and begin to recognise that they carry meaning, use language with purpose, assign my own meaning to my marks, notice and explore visual, auditory and physical patterns in my environment and through my play. I am also learning to use language in a fun and playful way, use mark making tools with increasing control, join in with familiar stories and rhymes, share my own stories, take notice of others, develop my listening, attention and understanding in my play and interactions, express my thoughts, feelings, ideas, and opinions.

I need to – communicate, notice things in my environment, develop social relationships, be listened to and understood and have time to think and process.

Exploration

I am learning to — Share my experiences and what I am thinking, explore properties of materials, notice shape, symmetry, and pattern in the natural and built environment, use simple mathematical language in my play and with purpose, solve problems and reflect on my learning, develop my concept of time, use my senses to explore the world around me, transfer my learning o new situations. I am also learning to notice similarities and differences in people, places and things, develop my understanding of how things work, focus my attention on things that interest me, use my mistakes to further my understanding with support, communicate my ideas through mark-making or the use of appropriate technology, develop my creative and critical thinking through my explorations, play with quantities and numbers, develop resilience and perseverance and select appropriate resources to enhance my learning

I need to – explore, investigate, and discover, share my curiosity with others, make connections, develop my imagination in a variety of ways, compare, sort and classify, create, communicate and express myself, explore movement and direction, and develop my spatial awareness, experiment with cause and effect.

Physical development

I am learning to — Co-ordinate my movements, co-ordinate my hands and eyes, take risks in my physical play, plan and make decisions about my movements, persevere and develop my resilience. I am also learning to move safely, maintain balance, move on a variety or surfaces, throw and catch objects and manipulate and explore properties of smaller objects.

I need to – express myself in large and small spaces, move in and around objects, indoors and outdoors, move in a variety of ways to support the development of my gross motor skills in real-life experiences, test out my capabilities, challenge myself physically and explore what I can do with my body. I also need to have choice over how, when and where I move and be curious about how I can interact physically with the world around me.

Well-being

I am learning to – Interact with others, be kind, recognise my feelings, recognise how I am the same as and different from others, recognise the feelings of others, become independent in my personal hygiene. I am also learning to take turns and share, show my

likes and dislikes, show consideration of and for others, regulate my responses with support and recognise that my actions and those of others have consequences.

I need to – Feel safe and secure, make choices, follow my own interests, show my emotions, feel connected to others, feel valued and see me and my world reflected in my environment.

Contact:

Phone: 07891717320

Email: <u>Jo@deganwyplaygroup.co.uk</u> for applications, fee and funding queries and general information

<u>Lisa@deganwyplaygroup.co.uk</u> for development and welfare issues.

Address: Deganwy Playgroup, DPLA Building, Park Drive, Deganwy, LL31 9PY

Charity registration number: 1182908

CIW Registration W14/00002018/o00001/0002